

## Request for Stories

We are revising our book, “Stories of Recovery from Members of Sexual Recovery Anonymous,” and are putting out a new request for member stories.

Currently, the stories in our book tend to be heavy on the “war” portion of our stories. For the upcoming revision, we would like to see more emphasis on how members have worked the program, as well as the healing and transformation that have taken place through working the program.

Keep in mind that our stories will be especially important to newcomers, so please put stronger focus on your recovery than your “war story.” We all know the power of hearing how others have worked the program, and how much hope comes from witnessing the recovery of our fellows.

We are looking for a good balance of what happened, how we got into SRA, and what has helped us in our SRA recovery. Below are suggestions to help focus on what helped.

### **What are the most important tools in your recovery?**

#### Meetings

- How many meetings do you regularly attend?
- How did meetings help you?
- How did they help you get sober and stay sober?

#### Phone Calls

- How many phone calls do you make?
- How did phone calls help you?
- How did they help you get sober and stay sober?

#### Sponsorship

- Do you have a sponsor?
- What is the greatest benefit from being in a relationship with a sponsor?
- How did this help you get sober and stay sober?
- Do you sponsor others?
- What is the greatest benefit from sponsoring others?

### Step Work

- Are you working or have you worked the Steps?
- How has that helped you?
- What effect has that had on your recovery and sobriety?

### Spiritual Practices

- Has your relationship with a higher power helped you?
- What are your spiritual practices?
- How have your spiritual practices affected your recovery and life?

### Fellowship

- Tell us how being in a fellowship with others in SRA helps your recovery.

We are looking for stories in the range of 1,500 to 2,500 words.

Please include your name, email address, and phone number so we can acknowledge your submission, and reach you if we have any questions. Please note that submission does not guarantee publication.

All submissions become property of Sexual Recovery Anonymous and may be used in whole or in part to develop SRA material — printed or electronic. By submitting your work you agree, if it is chosen to be included in the book, to have it edited by the Literature Committee.

Deadline is September 2023

Please submit to: [sraliterature@gmail.com](mailto:sraliterature@gmail.com)